

My morning



1



Wake up

☐

2



Get dressed

☐

3



Breakfast

☐

4



Brush teeth

☐

5



Shoes on

☐

HOW TO USE IT THIS WEEK

5 steps or fewer. Keep only the cards you need, in the order they really happen.

Use their own things. Photos of your child's own things are often easier to recognize than drawings.

Point, don't repeat. Point to the next picture instead of repeating the instruction. Use it the same way for a week.

Blank cards: draw or glue a photo of your child's own things



			
			